



ESSA Primary Relays - National Finals 2025

	FIXTURE DETAILS	TEAM
TEAM:	U11 Swimming	Joshua F - Captain Henry E
VENUE:	AWAY- Ponds Forge Sheffield S1 2BP	Edward J George C Rosie F (Non Travelling Reserve)
DATE:	Saturday 14th June	
COACH I/C:	Mrs Felton Mrs Ellicker-Campling	4x25m Medley Relay Heat Finals - subject to QT 4x25m Freestyle Relay Heat Finals - subject to QT
COACH EMAIL:	kfelton@st-hughs.lincs.sch.uk	
CHANGE:	Arrive in school tracksuit bottoms/shorts/skort, IAPS Tee and hoody	
LUNCH:	Bring your own lunch and water Plenty of energy snacks	
START TIME:	Meet - 10.45am (outside venue) Warm up - 11.45am to 12.00pm Start - 1.30pm	
RETURN TIME:	Approx 4.00pm	

NOTES: Competition race suits/jammers or school swimwear. Caps provided. Please pack two towels into swim bags. You may want to wear different swimwear for warm up but not essential. IAPS T-Shirt for Poolside and sliders/flip flops. Spectators are required to pay for entry at the door. All info can be viewed [here](#). **Please be aware swimmers will leave poolside and change after warm up before they return to poolside for the event starting.**