



ESSA Swimming Finals

	FIXTURE DETAILS	TEAM
TEAM:	U11 Swim Team	Charlotte J - Captain Tabitha H-S
VENUE:	AWAY Ponds Forge Sheffield	George C Henry E Joshua F
DATE:	Saturday 15th June	
COACH:	Mrs Felton Mrs Ellicker-Campling	
EMAIL:	kfelton@st-hughs.lincs.sch.uk	
CHANGE:	Arrive in school tracksuit bottoms, white polo and hoody	
LUNCH:	Bring your own lunch and water Plenty of energy snacks	
START TIME:	Meet - 10.30am (outside venue) Warm up - 11.25am Start - 1.30pm	
FINISH TIME:	Approx 4.00pm	

NOTES: Competition race suits/jammers or school swimwear. Caps provided. Please pack two towels into swim bags. You may want to wear different swimwear for warm up but not essential.