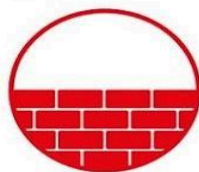




U11 Swimming Gala v Ranby

**Friday 31st January 2025
1.45pm**



**St Hugh's
School**

Woodhall Spa

Hello

My name is Joshua Forsyth and I am the St Hugh's Swimming Captain. Welcome parents, swimmers, spectators and staff to our U11 Swimming Gala. I hope you enjoy this competitive event. Give 100% and if you make a mistake, learn from it and most of all have lots of fun!

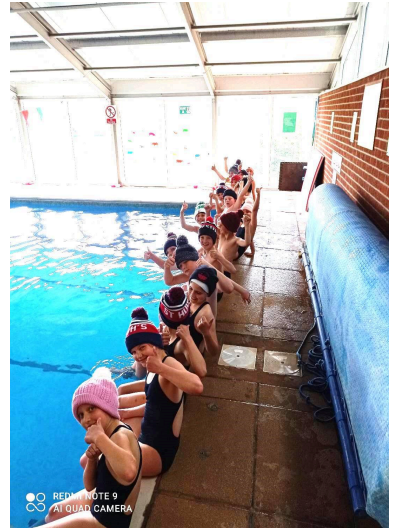


Joshua Forsyth
St Hugh's Year 6 Swimming Captain

TEAMS	LANE	RULES/FORMAT
Ranby	1	<input type="checkbox"/> Diving only for those competent and at discretion of teacher in charge (starting blocks) <input type="checkbox"/> 2 length races (Butterfly - 1 length) <input type="checkbox"/> Freestyle & Medley Relays Medley - Backstroke, Breaststroke, Butterfly, Freestyle
St Hugh's	2	
Ranby	3	
St Hugh's	4	

EVENT		Lane 1	Lane 2	Lane 3	Lane 4
		Ranby	St Hugh's	Ranby	St Hugh's
x2 Backstroke	GIRLS A	EVIE	Rosie	SOPHIE	Genevieve
	GIRLS B	PRANAYA	Penelope	ANYA	Coco
	BOYS A	JACK	Joshua F	WILLIAM	Henry
	BOYS B	ARCHIE	George C	GEORGE	Sebastian
	St H MIXED	Olivia	Harriet	Joshua M	Faith
x2 Breaststroke	GIRLS A	MEGAN	Rosie	AYA	Coco
	GIRLS B	ELLENA	Verity	ALEJA	Annabelle
	BOYS A	MYLES	Edward J	BARNEY	Henry
	BOYS B	HENRY	George C	ARTHUR	Paul
	ST H MIXED	April	Beau	Arabella	Genevieve
x2 Freestyle	GIRLS A	EVIE	Penelope	SOPHIE	Coco
	GIRLS B	ELLENA	Harriet	ALEJA	Arabella
	BOYS A	JACK	Joshua F	WILLIAM	Edward J
	BOYS B	ARCHIE	Sebastian	GEORGE	George C
	ST H MIXED	Annabelle	Beau	Paul	Olivia
x1 Butterfly	GIRLS A	EVIE	Rosie	MEGAN	Genevieve
	GIRLS B	ELLENA	Penelope	PRANAYA	Harriet
	BOYS A	WILLIAM	Joshua F	JACK	Henry
	BOYS B	HENRY	Sebastian	ARCHIE	George C
	ST H MIXED	Edward J	April	Joshua M	Verity
Medley Relay Bk,Brs,Fly,Free	A BOYS/GIRLS	Evie, Aya, Megan, Sophie	Genevieve,Coco Rosie Penelope	Pranaya, Ellena, Aleja & Anya	Joshua,Edward Sebastian,Henry
	B BOYS/GIRLS	Jack, Myles, William & Barney	Faith,Verity Harriet,Annabelle	Archie, Henry, George & Arthur	Josh,Paul George,Beau
Freestyle Relay	A BOYS/GIRLS	Evie, Aya, Megan, Sophie	Genevieve,Coco Penelope, Rosie	Pranaya, Ellena, Aleja & Anya	Joshua,Edward Sebastian,Henry
	B BOYS/GIRLS	Jack, Myles, William & Barney	Harriet,Annabelle Faith,Verity	Archie, Henry, George & Arthur	George,Josh Beau, Paul







Swimming Club	Training Location	Contact
<p>Louth Dolphins</p> 	<p>Meridian Leisure Centre, Louth</p>	<p>enquiries@louth-dolphins.org.uk</p>
<p>Lincoln Vulcans</p> 	<p>Priory City School, Lincoln One NK Leisure Centre, Lincoln Yarborough Leisure Centre, Lincoln</p>	<p>d.hendel@ntlworld.com</p>
<p>City of Lincoln Pentaqua</p> 	<p>Lincoln Christ's Hospital School, Lincoln One NK Leisure Centre, Lincoln Yarborough Leisure Centre, Lincoln</p>	<p>membership@pentaqua.org</p>
<p>Grantham Swim Club</p> 	<p>Grantham Meres Leisure Centre, Grantham</p>	<p>membership.granthamsc@gmail.com</p>



St Hugh's School, Cromwell Avenue, Woodhall Spa, Lincolnshire LN10 6TQ
e office@st-hughs.lincs.sch.uk t 01526 352169 www.st-hughs.lincs.sch.uk