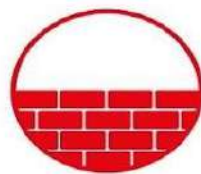


St Hugh's U11 Swimming Gala

Monday 5th December 2022



St Hugh's
School

Woodhall Spa

Good afternoon,

I would like to offer a warm welcome to all swimmers, staff and spectators to today's Swimming Gala taking place in our recently refurbished swimming facility.

Hello my name is Annabelle, welcome to **St Hugh's** for our **U11 Swimming Gala**. I hope everyone is enjoying their swimming season.

Enjoy yourself and remember that the focus of this event is to experience competitive swimming. We only learn and get better through making mistakes, so **KEEP CALM AND SWIM ON!**

Good luck!

Annabelle
St Hugh's Swimming Captain



TEAMS	LANE	RULES/FORMAT
Wellow House	1	<input type="checkbox"/> Max of two individual events & two relays per swimmer <input type="checkbox"/> Diving only for those competent and at discretion of teacher in charge (starting blocks) <input type="checkbox"/> 2 length races for Back, Breast and Free <input type="checkbox"/> 1 length race for Fly <input type="checkbox"/> Medley Relay - Backstroke, Breaststroke, Butterfly, Freestyle
St Hugh's	2	
Highfields	3	
St George's	4	



EVENT NO	EVENT	GENDER	Lane 1 Wellow	Lane 2 St Hugh's	Lane 3 Highfields	Lane 4 St George's
1	Backstroke	GIRLS - A	Pippa	Annabelle	Hannah	Millie
		BOYS - A		Charlie	Tyler	Aiden
		GIRLS - B	Annie	Kitty	Mollie	Georgia
		BOYS - B	Harry C	Charles	Tare	Noah
		GIRLS - C	Cassia	Tabitha	Olivia	Natasha
		BOYS - C	Austin	Sam	Lewis	Thomas
2	Breaststroke	GIRLS - A	Sophia	Alicia	Beau	Maria
		BOYS - A	Harry A	William C	Parker	Sam
		GIRLS - B	Annie	Kitty	Skylah	Florence
		BOYS - B		William L	Lewis	Harry M
		GIRLS - C	Summer	Tabitha	Issie	Natasha
		BOYS - C	Kaspar	George	James	-----
3	Butterfly	GIRLS - A	Cassia	Annabelle	Hannah	Millie
		BOYS - A	Harry A	Charlie	Thomas	Noah
		GIRLS - B	Rose	Charlotte	Olivia	Alice
		BOYS - B		Charles	Parker	Harry S
		GIRLS - C		Alicia	Issie	-----
		BOYS - C		Sam	James	Thomas
4	Freestyle	GIRLS - A	Rose	Megan	Skylah	Georgia
		BOYS - A	Theo	William C	Thomas	Aiden
		GIRLS - B	Pippa	Charlotte	Beau	Maria
		BOYS - B	Kaspar	William L	Tare	Harry M
		GIRLS - C	Sophia	Millie	Mollie	Alice
		BOYS - C	Austin	George	Tyler	Harry S
5	Medley Relay	MIXED - A	Theo Sophia Summer Harry C	Kitty Annabelle Charlotte Charlie	Hannah Olivia Lewis Thomas	Aiden Maria Millie Harry S
		MIXED - B	Pippa Annie Harry A Kaspar	Charles Megan Alicia William C	Tyler Skylah Mollie Tare	Noah Florence Alice Harry M
		MIXED - C	Oliver Austin Cassia Annie	George William L Tabitha Sam	Parker James Issie Beau	Georgia Natasha Sam Thomas
		MIXED - A	Rose Summer Harry A Harry C	Annabelle Charlie Megan Charlotte	Skylah Thomas Parker Mollie	Aiden Millie Harry S Noah
		MIXED - B	Theo Sophia Summer Harry C	William C Alicia Charles Kitty	Beau James Olivia Tare	Georgia Maria Harry M Natasha
		MIXED - C	Oliver Austin Cassia Annie	Millie William L Tabitha George	Hannah Tyler Issie Lewis	Sam Thomas Florence Alice

Swimming @ St Hugh's

My swimming journey

Name: _____ Age: _____

Photo of me

The worksheet features a blue background with water ripples and several cartoon sea creatures: a red crab, a purple octopus, a blue shark, a green turtle, a pink seahorse, a blue fish, and a yellow starfish. It includes numerous circular bubbles containing text such as 'I can... jump in and return to the beach', 'I can... splash water safely with support', 'I can... perform a push and glide on my front', and 'I can... swim with my face in the water'. There are also yellow circular bubbles with personality traits like 'I am... a team player', 'I can... persevere', 'I like... a challenge', 'I am... reflective', 'I am... creative', and 'I am... independent'. At the bottom center is the logo for St Hugh's School Woodhall Spa, which consists of a red and white circular emblem above the school's name.







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