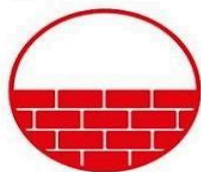




U11 Swimming Gala v Ranby

**Friday 10th October 2025
1.45pm**



**St Hugh's
School**
Woodhall Spa

Hello and welcome to our St Hugh's swimming gala against Ranby. I am glad that everyone can be here to watch these amazing swimmers. Whether it is your first swimming competition or something you do regularly, do your best, have fun and reflect on what you can improve.

Fast swimming everyone, enjoy!



George Cooper
St Hugh's Year 6 Swimming Captain

TEAMS	LANE	RULES/FORMAT
Ranby	1	• Diving only for those competent and at discretion of teacher in charge (starting blocks) • A&B Heats 2 length races (Butterfly - 1 length) • C&D Heats 1 length races • Freestyle & Medley Relays Medley - Backstroke, Breaststroke, Butterfly, Freestyle
St Hugh's	2	
Ranby	3	
St Hugh's	4	

EVENT		Lane 1 Ranby	Lane 2 St Hugh's	Lane 3 Ranby	Lane 4 St Hugh's
Backstroke	GIRLS A	Audrey	Hollie	Evelyn	Harriet
	BOYS A	Charlie S	George C	Oliver	Joshua
	GIRLS B	Felicity	Cecily	Zara	Verity
	BOYS B	Charlie B	Harvey	Henry Barton	Harry
	GIRLS C	Maia	Florence B	Emmie	Eme
	BOYS C	Barnaby H	Beau	Sehj	Ralph
	GIRLS D	Mollie	Livvy	Sophia	Abi
	BOYS D	Oscar	Hugo	Henry	Gio
Breaststroke	GIRLS A	Audrey	Hollie	Evelyn	Verity
	BOYS A	Charlie S	George C	Oliver	Harry
	GIRLS B	Felicity	Abi	Zara	Annabelle
	BOYS B	Charlie B	Joshua	Henry Barton	Harvey
	GIRLS C	Maia	Harriet	Emmie	Cecily
	BOYS C	Barnaby H	Ralph	Sehj	Beau
	GIRLS D	Mollie	Eme	Sophia	Florence B
	BOYS D	Oscar	Hugo	Henry	Gio
Freestyle	GIRLS A	Audrey	Hollie	Evelyn	Harriet
	BOYS A	Charlie S	George C	Oliver	Joshua
	GIRLS B	Felicity	Verity	Zara	Cecily
	BOYS B	Charlie B	Harvey	Henry Barton	Beau
	GIRLS C	Maia	Florence B	Emmie	Livvy
	BOYS C	Barnaby H	Harry	Sehj	Ralph
	GIRLS D	Mollie	Eme	Sophia	Annabelle
	BOYS D	Oscar	Hugo	Henry	Gio
x1 Butterfly	GIRLS A	Audrey	Hollie	Evelyn	Harriet
	BOYS A	Charlie S	George C	Oliver	Joshua
	GIRLS B	Felicity	Cecily	Zara	Verity
	BOYS B	Charlie B	Harvey	Henry Barton	Harry L
Medley Relay Bk,Brs,Fly,Free	A&B GIRLS	Audrey, Evelyn, Felicity & Zara	Cecily,Verity, Hollie,Harriet	Maia, Emmie, Mollie & Sophia	Flo,Annabelle, Abi, Livvy
	A&B BOYS	Charlie.S, Oliver, Charlie. B & Henry Barton	Ralph, George Joshua, Harvey	Barnaby, Sejh, Oscar & Henry	Beau, Harry Hugo, Gio
Freestyle Relay	A&B GIRLS	Audrey, Evelyn, Felicity & Zara	Hollie,Harriet Verity, Cecily	Maia, Emmie, Mollie & Sophia	Eme,Abi Florence,Livvy
	A&B BOYS	Charlie.S, Oliver, Charlie. B & Henry Barton	George,Joshua Harvey,Beau	Barnaby, Sejh, Oscar & Henry	Ralph, Harry Hugo, Gio

Swimming @ St Hugh's

My swimming journey

Name: _____ Age: _____

Photo of me

I can... enter the water safely with support

I can... perform a survival entry independently

I am... a team player

I can... use the stairs

I can... perform a push and glide on my front

I can... float on my back with support

I can... persevere

I can... perform a push and glide on my back

I can... perform a star float unaided

I can... perform a mushroom float

I am... independent

I can... splash my face with water

I can... blow bubbles on the surface

I can... put my face in the water to look for fish

I can... swim a length on my front

I can... travel on my back with an aid

I can... travel on my front with an aid

I can... swim all by myself

I can... swim a length on my front independently

I can... swim a length on my back independently

I am... creative

I am... reflective

I can... perform 3 mythical breaths

I can... turn 360 degrees

I can... rotate from front to back

I can... rotate from back to front

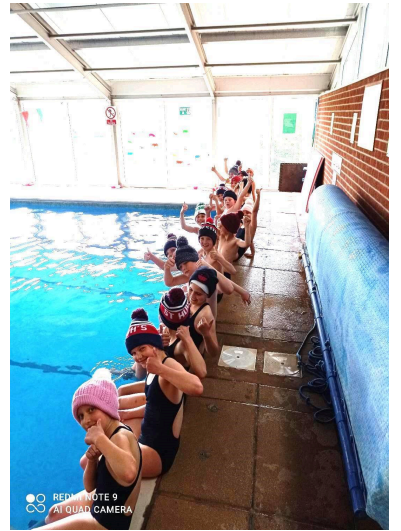
I like... a challenge

I can... collect sinkers from the paddy floor

I can... swim through a hoop

St Hugh's School
Woodhall Spa







Swimming Club	Training Location	Contact
Louth Dolphins 	Meridian Leisure Centre, Louth	enquiries@louth-dolphins.org.uk
Lincoln Vulcans 	Priory City School, Lincoln One NK Leisure Centre, Lincoln Yarborough Leisure Centre, Lincoln	d.hendel@ntlworld.com
City of Lincoln Pentaqua 	Lincoln Christ's Hospital School, Lincoln One NK Leisure Centre, Lincoln Yarborough Leisure Centre, Lincoln	membership@pentaqua.org
Grantham Swim Club 	Grantham Meres Leisure Centre, Grantham	membership.granthamsc@gmail.com



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