St Hugh's School
Woodhall Spa

ESSA National Primary Relay Finals

FIXTURE DETAILS

TEAM:	U11 4x25m Relay Team
VENUE:	Ponds Forge, Sheffield S1 2BP
DATE:	Saturday 20th June
COACH I/C:	Mrs Felton Mrs Ellicker-Campling
COACH EMAIL:	kfelton@st-hughs.lincs.sch.uk
CHANGE:	Arrive in St Hugh's Sports Kit
LUNCH:	Own Packed Lunch & Poolside Energy Snacks
START TIME:	Meet Ponds Forge - 10.30am Warm Up - 11.05am Start - Opening Ceremony 1.00pm
FINISH TIME:	4.30-5.00pm

TEAM

George C - Captain
Joshua M
Harriet T
Hollie F

Non Travelling Reserve - Harvey K

4x25m Medley Relay Heat Finals - subject to QT

4x25m Freestyle Relay Heat Finals - subject to QT

NOTES: Competition race suits/jammers or school swimwear. Caps provided. Please pack two towels into swim bags. You may want to wear different swimwear for warm up but not essential. IAPS T-Shirt for Poolside and sliders/flip flops. Spectators are required to pay for entry at the door. Please be aware swimmers will leave poolside and change after warm up before they return to poolside for the event starting.